

# THE LANTERN

A member of the Northeast Deanery of the Diocese of Southern Ohio: St. John's, Cambridge; St. Luke's, Marietta; Holy Trinity, Bellaire; Trinity, Newark; St. James, Zanesville; and of the East Central Ohio Area Ministry: St. James, Zanesville, St. John's, Cambridge, Holy Trinity, Bellaire

Dear Parishioners,

Most of those who are reading this have graduated beyond the 40 years mark of our life. I was just telling my barber who is a youth of age 28, that it is really true that time picks up and goes faster and faster as you age. One of the things I have learned is to stop worrying about the weather. I don't especially like the drear but it will be gone soon enough.

This advancing speed of my days makes me more aware of the importance of being steadfast in my purpose of living each day. I want to leave the world a little better than I found it this morning in whatever small way I can. To continue that, I need to be in good physical shape and good spiritual shape. I work out to take care of the physical. To build physical strength one must be dedicated to diet and exercise and rest. Slouching on one of those undermines the rest. Improvements in physical strength are readily measurable. I am an entirely different person now than I was when I started exercising. My physical strength has vastly increased and it is an advantage I enjoy.

So it is with the Spiritual realm as well. You must be dedicated to diet, exercise and rest. If you skimp on one of those you shall not go far.

Diet: What do you take into your consciousness? Good things or garbage? What do you watch on TV? What do you read? With whom do you associate and call your friends? These are very important questions to ask.

Exercise: Prayer is the exercise of the soul. There are different kinds. I will mention two for the sake of simplicity and they are both necessary: Private prayer and Public Prayer.

Private prayer is time you give yourself to listen carefully to God. To listen we must be silent and our surroundings must be silent. Noise of any kind disrupts this listening. In the Christian tradition this time was called the Eucharistic Holy Hour. This meant that you took yourself to the place where the Eucharist is kept (The Church) and you sat for an hour in the Eucharistic presence of Jesus in silence...for an hour's duration. Some today find they can accomplish this in their home in the spiritual presence of Jesus. Some come to Church. The crucial elements are: time of a sufficient duration and recognition of the presence of Jesus. Five minutes doesn't cut it. Five hours is probably too long. The hour has served the majority over the course of two millennia. What will happen in the hour? Try it and see. Nothing is not the typical result.

Public Prayer is the gathering of the Church family to celebrate the Eucharist. This involves praise, adoration, petition and thanksgiving. It involves singing and speaking and the use of all five of the senses. Incense would cover us on the sense of smell but since we are careful with its use we limp a little there. Public Prayer culminates in the reception of Jesus in the Eucharist. The response to this reception is to then carry Him out to the world.

Feb. 2011



## St. James Episcopal Church

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Sunday Worship: 8:00 & 10:00 am  
Wednesday Worship: 5:30 pm



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## The Lantern

A monthly newsletter published for the members and friends of St. James Episcopal Church. The 15th of each month is the deadline for articles for the following month's issue.

### Clergy

Bishop Thomas E. Breidenthal  
The Rt. Rev. Kenneth L. Price,  
Jr.

Bishops of the Diocese of  
Southern Ohio  
The Rev. Robert E. Willmann,  
Rector

The Rev. Kathryn P. Clausen,  
Priest Associate

The Rev. John Brandenburg  
ECO Area Missioners  
Deacon Robert M. Howell

### Vestry

Kelly Miller, Senior Warden  
Barbara Saunders, Junior

Warden/Clerk

Eleanor Bailey  
Eric Blake

Carol Cavinee  
Sherry Gillespie

Mark Haven  
Leigh Mantell

Paul Reichardt  
Janet Stewart

Barbara White

### Staff

Tom Tompkins, Organist

David Bennett, Choirmaster

Kimberly Gillespie,  
Christian Education

Jane Ellen Wiles,  
Administrative Assistant

Julie Worth,  
Financial Secretary

Lee Martin, Sexton

Robert Howell, Webmaster

Renée Spiker, Lantern Editor

*continued from page 1*

Finally, there is rest. The Lord God commends to us the giving of Sunday to rest. This rest includes Divine Worship and this worship cannot be separated from it. Hence you can't skip Church on a regular basis and stay in bed and think your good on this one.

The rest does not necessarily mean sleeping but rather focuses upon life giving activities centered on the family that are unique to the rest of your week. Like what?

Eating together for one, around a table where there are faces and discussion. Doing things that you consider fun and maybe don't have the opportunity to do through the week. What is it that "restores" you? This day of rest is meant to restore us. It is directly connected to the Easter day of the resurrection because it seeks to restore us from the deadness that everyday living can bring. It directs us towards a new beginning.

I write this to you for two reasons. The first is: this is what works. The second is: If you find yourself lacking...Lent is a good time to begin your new diet,

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## St. James Lenten Program

"The Celebration of the Holy Eucharist"

"An explanation from beginning to end"

Each Sunday we gather as a family for the highpoint of our faith life-The celebration of the Holy Eucharist.

But how many people actually know what is going on from beginning to end?

What are the special clothes that the priest, deacon and acolytes wear?

Beebexercise and rest. I am giving you a foundation. In this day and age sometimes one must be creative. Maybe Wednesday is your Sunday. See what works. Maybe its thirty minutes of silence at first.

Coming to Church is a non negotiable to spiritual health.

You know I am married to a physician. It is truly amazing the correspondence of those who follow the doctors recommendations to those who enjoy good health.

In closing, there is one important distinction between the physical and the spiritual.

No matter how well we do with diet and exercise and rest, our physical bodies do wear out. And how quickly the time passes before our eyes in bearing truth to this.

But the soul does not.

Use this Lent to your advantage and make good use of the time you have.

Sincerely in Christ,

Fr. Rob+

Why is our worship arranged as it is? Was it ever different? What was it like in the early church? What could change now?

How does it compare with other mainline traditions; Roman Catholic, Lutheran, Methodist, Baptist, etc...

These are but a few questions we will address. Bring your questions and we will have an active and interesting forum.

We will meet each Wednesday of Lent after Ash Wednesday. We begin with Eucharist at 5:30pm followed by a potluck supper in the undercroft. The program will begin at 7pm and end by 8pm. This will be fun and interesting and perhaps will solve many mysteries.

## **Shrove Tuesday Dinner Time !**

Mark your calendar for March 8.

Each year since before the Civil War, the Women of St. James has been serving this dinner with only a few interruptions. Not only is this meant to be a fund raiser but also welcoming in the community to our Church home for a lovely meal and preparation for Lent.



**Carol Cavinee** is Dining Room Chair. 787-2120

Carol needs workers to serve the guests and clear tables for the next seating. She will need some early servers who can be there by four (4:00 pm). We start serving at four thirty (4:30pm) and finish serving at seven (7:00pm). Please be sure to let Carol know when what time you can help. Serving isn't hard just remember how you like to be served at a nice restaurant. Dress code is comfortable shoes, no jeans or t shirts and our great St. James Smiles.

**Jane Ellen Wiles** is Kitchen Chair. 452-1175 or Church Office  
Prep work starts at nine (9:00am). Anyone who can help during the day is always welcome. Servers for the steam table and line need to be there by four (4:00 pm). Serving ends at seven (7:00pm).

**Sherry Gillespie** is General Chair and Food Donation Caller. 453-3429  
You will be getting a call and asked for either food or money donation to help with cost of the meal.

**Martha Staley** is Ticket Chair and Cold Room 697-7972  
Martha has the tickets for pre sales. They are six (\$6.00) in advance and seven (\$7.00) at the door and we offer free pancakes to children under 11 if an adult is buying a dinner. We also offer carryout.  
For the Cold Room Martha needs help replenishing the butter, bread, applesauce, milk and etc. Help setting up and cleaning afterwards.

**Jon Gillespie** is Pancake Chair 455-2345  
Helpers to pour, flip and serve these special pancakes and clean up.

**Dishwasher Chair** position is open  
Through out the evening to sort wash and dry dishes and silverware. Once food service starts the dishes start rolling in. We need at least five (5) people per hour.

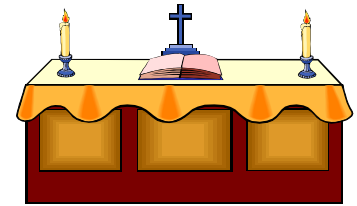
**Clean up Chair** position is also open.  
If you can't make the early part of the dinner, we people who can come as stay until nine (9:00pm) to help clean and put away.

**Kim Gillespie and the Youth of St. James** will be taking care of the Coat Racks in the Chapel.

Babysitting service will be provided for workers by Katelynn

There are flyer in the Undercroft, Please take and post where ever people might see them.

Lots of work but a great time and fellowship for all of us and perhaps the memory of a great meal served by some very friendly people.



## **ALTAR FLOWERS**

Pick a date that you would like to provide flowers. The cost is \$35. Call the office or put your name on the sheet in the Undercroft. *If you don't want to dedicate a particular Sunday please consider making a donation (of any amount) to the St. James Flower Fund so we can continue having flowers for our worship services.*

## **FLOWER CHART**

### **FEBRUARY**

6 Haven  
13 Linn  
20 Fritz Douthitt  
27 \_\_\_\_\_

### **MARCH**

6 J. Snider  
*Lent Begins~*  
13 no flowers  
20 no flowers  
27 no flowers

### **APRIL**

3 no flowers  
10 no flowers  
17 Palm Sunday  
24 Easter Day

**What happens to the flowers after Sunday?** Our "flower angel" Shirley Caw takes bouquets to shut-ins, newcomers, and sometimes to someone "just because". With the flowers she leaves a card: "These flowers have been on the altar of St. James Episcopal Church. They have heard the hymns that have been sung, the prayers that have been said, and the sermon that has been preached. Now they come to you in their silent beauty to tell you all about it, and to bring you cheer and our good wishes."



# COLOR PAGES

## Vestry Notes January 19, 2011



Present: Eleanor Bailey, Carol Cavinee, Sherry Gillespie, Mark Haven, Leigh Mantell, Janet Stewart, Barbara White, and Fr. Willmann

The meeting was opened with Senior Warden Kelly Miller leading the vestry in Compline.

The agenda and the minutes of the December 2010 meeting were approved as presented.

Fr. Willmann welcomed the new Vestry members, Leigh Mantell and Janet Stewart.

Senior Warden Kelly Miller asked for the appointment of a clerk for the year. Barbara Saunders was appointed 2011 Clerk of Vestry.

Vestry members signed a letter of praise and thanks to Dan Beebe for his dedicated work as Youth Education Director.

Fr. Willmann will be taking a week's vacation February 5 through 12. Deacon Howell will lead Morning Prayer at the February 6 services.



# ST. JAMES' PARISH FAMILY



## For These We Pray

*Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces at home and abroad. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen.*



Christopher Benson	Jared Pickrell	Jamie Preston
Aaron Manning	DJ Williamson	Tristan Pursley
Josh Howard	Kerron Brantley	Jeff Gum

*Come now reviving Spirit of our God. Breathe your healing strength upon all those who turn to you. Renew and bless them.*

Janet Schneider	Jane Price	Phil Dinan
Robert, Lee, & Sharon Donoho	Terry Zahn	Joe Donahue
Mary St. John	Bill McDonald	Arno Price
David Haines	Joan Barker	John
Fred Graff	Dee Milian	Tracy Woestendiek
Jud Ellertson	Tina Straker	Andrew Prince
Phyllis Kane	Vonda Stricker	Charlee Daniels
Patrick Matheney	Carolyn Robinson	Laura Tompkins
Patty McCloud	Bill Clausen	Sandy Robinson
Martha Snyder	Lynn	
Becky Yinger	Kim Markall	
	Ann Raymond	



O God, our times are in your hand: Look with favor, we pray, on your servants. as they begin another year. Grant that they may grow in wisdom

and grace, and strengthen them trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

## February Birthdays

- 1 Cynthia Linn
- 2 Olivia Leigh Linn
- 6 Michael James Snider
- 9 Ray Gillespie
- 10 Adam Dickerson
- 11 Les Warner
- 12 Dakota Rose Gonzales
- 13 Linda Schubach Gutridge
- 15 Florence Sulens
- 17 Barbara White
- 18 Jonathan Michael Snider  
Katelyn Elizabeth Frances Snider
- Benjamin Allen Sobotka
- 20 Paul Knight  
Jeff Lanning
- 21 Jane Ellen Wiles
- 22 Nicholas Anthony Flarey
- 23 Farris Wilhite  
Dontae Michael Stotts
- 24 Amy Barnes
- 25 Leigh Mantell
- 26 Milman H. Linn III
- 27 Amy Linn Sobotka
- 28 Jane Price

## Election results

The following slate of officers was elected at the annual meeting: Kelly Miller, Senior Warden; Barbara Saunders, Junior Warden; Vestry members: Eleanor Bailey, Mark Haven, Janet Stewart – 3 years; Leigh Mantell – 2 years; Carol Cavinee – 1 year.

Delegates to the 2011 Diocesan Convention are Carol Cavinee, Sherry Gillespie, Leigh Mantell and Julie Worth. Alternates are Fritz Douthitt and Jane Ellen Wiles.



## February Anniversaries

- 4 Ray & Maggie Collins

6 Copies of the Annual Meeting booklet containing financial and committee reports can be picked up in the Undercroft or the office.

# Refrigerator Page

**February 2011**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2 5:30 PM Holy Eucharist with Laying on of Hands and Anointing for Healing (with music)	3 7 PM Monthly Study Group, St. James House	4	5
6 6 PM Downtown Churches Youth Fellowship @ St. John's Lutheran Church (7th & Market Sts)	7	8	9 5:30 PM Holy Eucharist with Laying on of Hands and Anointing for Healing (with music)	10	11	12
13	14	15 Articles due for the Lantern	16 5:30 PM Holy Eucharist with Laying on of Hands and Anointing for Healing (with music) 7:00 PM Vestry Meeting, Undercroft	17	18	19
20 6 PM Downtown Churches Youth Fellowship @ St. John's Lutheran Church	21	22	23 5:30 PM Holy Eucharist with Laying on of Hands and Anointing for Healing (with music)	24	25	26 5:15 - 6 PM Friendship Dinner
27	28	MARCH 8 - SHROVE TUESDAY DINNER				

**Schedule: February 2011**

Date	Chalice	Acolytes	Tellers	Lectors	Ushers	Altar	Coffee	Flowers
February 6 Epiphany 5 Green	8:00 M. Haven 10:00 L. Mantell	A. Gillespie G. Schooley	B. Saunders J. Stewart	8:00- M. Haven 10:00 OT: P. Reichardt EP: B. White	8:00 S. Winsor 10:00 B. White R. Sites	S. Caw C. Cavinee	M&L Haven	
February 13 Epiphany 6 Green	8:00 S. Benson 10:00 S. Benson K. Miller	R & T Tompkins	S. Gillespie S. Benson	8:00- S. Benson 10:00 OT: M. Willmann EP: J. Miller	8:00 C. Winsor 10:00 L. Knight & B. Linn	R. Howell S. Benson	C & J Dickerson Linn	
February 20 Epiphany 7 Green	8:00 K. Miller 10:00 K. Miller M. Haven	E. Haven W. Sellers	E. Bailey C. Cavinee	8:00- K. Miller 10:00 OT: J. Worth EP: E. Haven	8:00 J. McElhaney 10:00 B. Saunders & L. Haven	C & J Dickerson	M&L Haven Douthitt	
February 27 Epiphany 8 Green	8:00 L. Mantell 10:00 S. Benson	J. Farley W. Sellers	JE Wiles J. Stewart	8:00- L. Mantell 10:00 OT: B. Saunders EP: J. Farley	8:00 S. Winsor 10:00 E. Bailey J. Stewart	R. Howell C. Cavinee	B. Saunders	



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